

# 三联市社区图

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## 关于本社区图

本社区图是三联市早期儿童发展委员会 (Tri-Cities ECD Committee) 和三联市扫盲委员会 (Tri-Cities Literacy Committee) 共同制作的, 为成年学习者和有幼儿的家庭提供多项娱乐活动及各种基础语文学习课程、支持和信息等。

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## 社区资源

**Weekend Helpline for New Moms (Fraser Health 9 - 3)**  
(604) 949-7200

**Coquitlam Leisure and Parks**  
(604) 927-4FUN

**Port Coquitlam Parks and Recreation**  
(604) 927-7946  
(604) 927-7970

**Port Moody Parks and Recreation**  
(604) 469-4556

**Decoda Directory of BC Literacy Services and Programs**  
1(888) READ-234

**English Practice Groups SHARE Family & Community Services**  
Free drop-in programs to practice English skills are offered throughout the Tri-Cities.  
(604) 936-3900, ext. 161

**I-CARE Program, Douglas College**  
Adult literacy learners are paired with volunteer tutors, free of charge.  
(604) 527-5409

**Volunteer Language Bank**  
Free volunteer translation services available to individuals and organizations.  
(604) 936-5900

**Tri-Cities Literacy Outreach Coordinator**  
(604) 817-6462

**ELSA Language Assessment Centre**  
#202-7337 137th Street Surrey  
(604) 507-4150

## 省政府资源

**BC Nurseline & Dial A Dietician**  
811

**Deaf and Hearing Impaired Province Wide**  
711

**Community Care Facilities Licensing Program**  
(604) 949-7700

**Direct Child Care Subsidy Line**  
1(888) 338-6622

**Parent Support Services**  
1(800) 665-6880

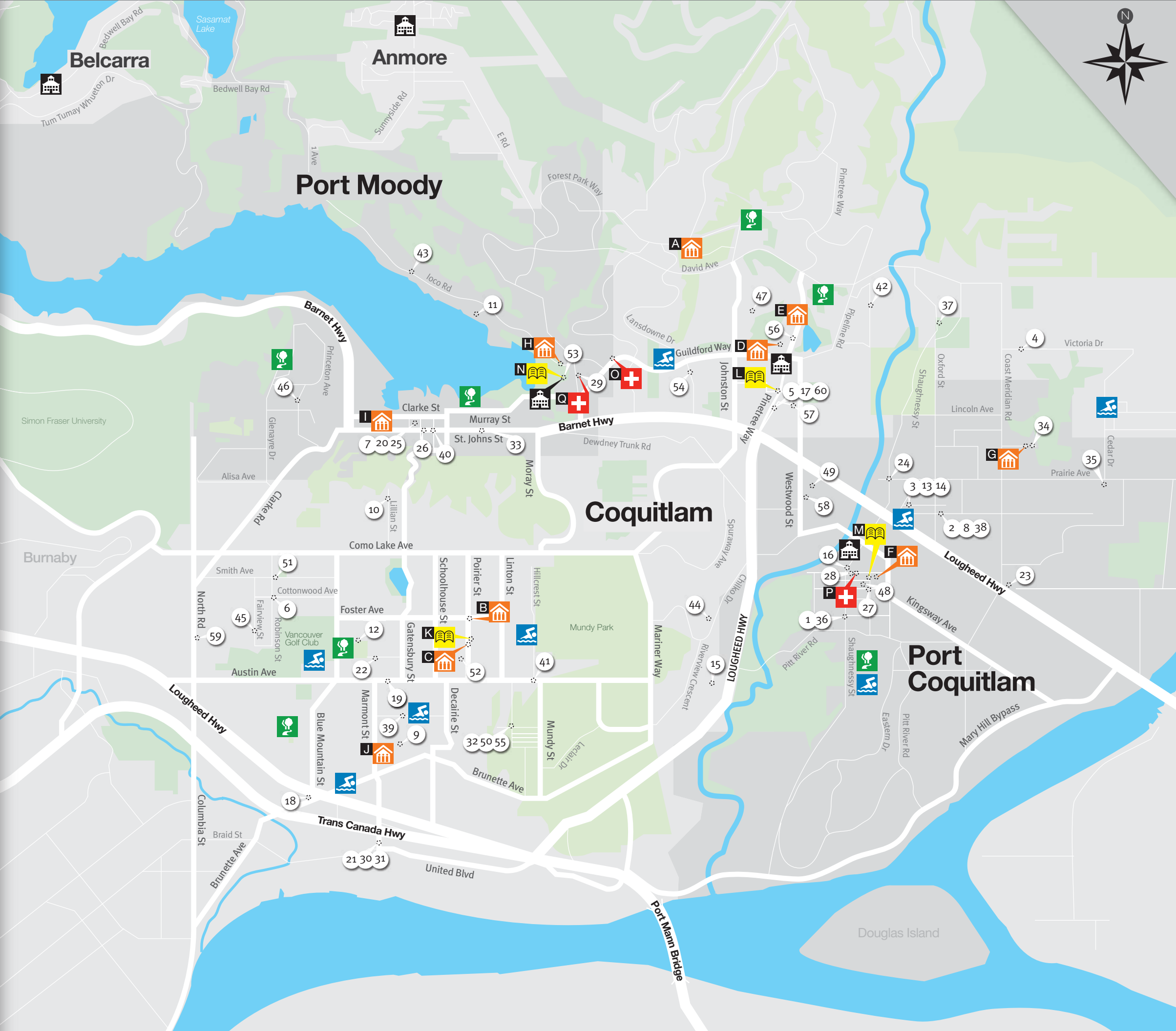
**Ministry of Children and Family Development After Hours Child Protection**  
(604) 660-8180

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## 社区中心

**A. Summit Community Centre**  
1450 Parkway Blvd  
Coquitlam  
(604) 927-6960

**B. Poirier Sport and Leisure Complex**  
633 Poirier Street  
Coquitlam  
(604) 927-6046

**C. Centennial Activity Centre**  
570 Poirier Street  
Coquitlam  
(604) 933-6143

**D. City Centre Aquatic Complex**  
1210 Pinetree Way  
Coquitlam  
(604) 927-6999

**E. Pinetree Community Centre**  
1260 Pinetree Way  
Coquitlam  
(604) 927-6960

**F. Port Coquitlam Recreation Complex**  
2150 Wilson Avenue  
Port Coquitlam  
(604) 927-7970

**G. Hyde Creek Recreation Complex**  
1379 Laurier Avenue  
Port Coquitlam  
(604) 927-7946

**H. Port Moody Recreation Complex**  
300 Ioco Road  
Port Moody  
(604) 469-4556

**I. Kyle Centre**  
125 Kyle Street  
Port Moody  
(604) 469-4561

**J. Place Maillardville Community Centre**  
1200 Cartier Ave  
Coquitlam  
(604) 933-6166

## 图书馆

**K. Coquitlam Public Library – Poirier Branch**  
575 Poirier Street  
Coquitlam  
(604) 937-4144

**L. Coquitlam Public Library – City Centre Branch**  
*Address as of Fall 2012*  
1169 Pinetree Way  
Coquitlam

*Address prior to Fall 2012*  
3001 Burlington Drive  
Coquitlam  
(604) 927-3560

**M. Fraser Valley Regional Library – Terry Fox Library**  
2470 Mary Hill Road  
Port Coquitlam  
(604) 927-7999

**N. Port Moody Public Library**  
100 Newport Drive  
Port Moody  
(604) 469-4575

## 提供医疗保健服务项目的机构

**O. Eagle Ridge Hospital**  
475 Guildford Way  
Port Moody  
(604) 461-2022

**P. Tri-Cities Public Health – Port Coquitlam Health Unit**  
2266 Wilson Avenue  
Port Coquitlam  
(604) 777-8700

**Q. Tri-Cities Public Health – Newport Health Unit**  
#200–205 Newport Drive  
Port Moody  
(604) 949-7200

## 家庭无需预约可直接参加的项目

1. **Circle of Friends FRP\* (Central Elementary)**  
2260 Central Avenue  
Port Coquitlam  
(604) 931-3400

2. **Circle of Friends FRP\* (James Park Elementary)**  
1730 Coquitlam Avenue  
Port Coquitlam  
(604) 931-3400

3. **Tri-City Family Place (Tri-Cities East Neighbourhood Centre)**  
2062 Manning Avenue  
Port Coquitlam  
(604) 945-0048  
(604) 942-4672, drop-in

4. **Tri-City Family Place**  
3425 Victoria Drive  
Coquitlam  
(604) 945-0048  
(604) 942-4672, drop-in

5. **Multicultural FRP (S.U.C.C.E.S.S.)**  
#2163 Henderson Place  
1163 Pinetree Way  
Coquitlam  
(604) 468-6062

6. **SHARE Mountain View Family Resource Centre FRP\***  
699 Robinson Street  
Coquitlam  
(604) 936-3900

7. **SHARE Clarke Street Family Resource Centre**  
2615 Clarke Street  
Port Moody  
(604) 936-3900

8. **Spirit of the Children Society Drop-In (James Park Elementary)**  
1730 Coquitlam Avenue  
Port Coquitlam  
(604) 524-9113

9. **Place Maillardville Family Drop-In and Preschool Programs**  
1200 Cartier Avenue  
Coquitlam  
(604) 933-6166

10. **Harbour View FRP\* (Step-By-Step)**  
960 Lillian Street  
Coquitlam  
(604) 931-1977

11. **Old Orchard Play Pals FRP\* (Step-By-Step)**  
646 Bentley Road  
Port Moody  
(604) 931-1977

12. **Blue Mountain FRP\* (Step-By-Step)**  
1000 Winslow Avenue  
Coquitlam  
(604) 931-1977

\*FRP = Family Resource Program

## 提供多项服务的机构

13. **Westcoast Family Centres**  
2062 Manning Avenue  
Port Coquitlam  
(604) 944-2500

14. **Tri-Cities East Neighbourhood Centre**  
2062 Manning Avenue  
Port Coquitlam  
(604) 944-2500

15. **Tri-Cities West Neighbourhood Centre**  
Unit 5, 2601 Lougheed Hwy  
Coquitlam  
(604) 927-4429

16. **Tri-City Transitions Society**  
#200 – 2540 Shaughnessy Street  
Port Coquitlam  
(604) 941-7111

17. **S.U.C.C.E.S.S. Tri-City Service Centre**  
#2058 Henderson Place  
1163 Pinetree Way  
Coquitlam  
(604) 468-6000

18. **Simon Fraser Society for Community Living**  
204 Blue Mountain Street  
Coquitlam  
(604) 525-9494

19. **YMCA Child Care Resource and Referral**  
1130 C Austin Avenue  
Coquitlam  
(604) 931-3400

20. **SHARE Family & Community Services**  
2615 Clarke Street  
Port Moody  
(604) 936-3900

21. **SHARE Family & Community Services**  
#200 – 25 King Edward Street  
Coquitlam  
(604) 540-9161

## 食物库

22. **SHARE Food Bank – Coquitlam**  
535 Marmont Street  
Coquitlam  
(604) 931-2451

23. **Food Bank (Northside Foursquare Church)**  
1477 Lougheed Highway  
Port Coquitlam  
(604) 942-7711

24. **SHARE Food Bank – PoCo**  
2211 Prairie Avenue  
Port Coquitlam  
(604) 931-2451

25. **SHARE Food Bank – Pt. Moody (SHARE – Clarke Street)**  
2615 Clarke Street  
Port Moody  
(604) 931-2451

26. **Single Parent Food Bank (Apostle Church)**  
2622 St. Johns Street  
Port Moody  
(604) 936-7762

## 提供特殊服务项目的机构

27. **Women's Resource Centre**  
2420 Mary Hill Road  
Port Coquitlam  
(604) 941-6311

28. **Speech and Language Program (Fraser Health) Port Coquitlam Health Unit, serving Port Coquitlam**  
2266 Wilson Avenue  
Port Coquitlam  
(604) 777-8700

29. **Speech and Language Program (Fraser Health) Newport Health Unit, serving Coquitlam and Port Moody**  
205 Newport Drive  
Port Moody  
(604) 949-7200

30. **Early Intervention Therapy Services (SHARE)**  
#200 – 25 King Edward Street  
Coquitlam  
(604) 525-8242

31. **Early Childhood Mental Health Services (SHARE)**  
#200 – 25 King Edward Street  
Coquitlam  
(604) 529-5132

32. **EASE into Canada**  
A free full-time language and settlement program for 19 – 25 year olds who are new to Canada in the last five years.  
  
380 Montgomery Street  
Coquitlam  
(604) 936 4261

33. **Tri-Cities Child and Youth Mental Health Services**  
3003 St. Johns Street  
Port Moody  
(604) 469-7600

34. **Learning Disabilities Association, Fraser North Branch Family Resource Centre - Minnehada Middle School**  
1390 Laurier Avenue  
Port Coquitlam  
(604) 916-9602

## 提供强起点 (STRONG START) 幼儿项目的机构

35. **Cedar Drive Elementary**  
3150 Cedar Drive  
Port Coquitlam  
(604) 941-3481

36. **Central Elementary**  
2260 Central Avenue  
Port Coquitlam  
(604) 941-0355

37. **Coquitlam River Elementary**  
4250 Shaughnessy Street  
Port Coquitlam  
(604) 942-0241

38. **James Park Elementary**  
1730 Coquitlam Avenue  
Port Coquitlam  
(604) 942-6658

39. **Maillard Middle School**  
1300 Rochester Avenue  
Coquitlam  
(604) 931-3574

40. **Moody Elementary**  
2717 Saint Johns Street  
Port Moody  
(604) 936-0478

41. **Mundy Road Elementary**  
2200 Austin Avenue  
Coquitlam  
(604) 936-4271

42. **Nestor Elementary**  
1266 Nestor Street  
Coquitlam  
(604) 464-9422

43. **Pleasantide Elementary**  
195 Barber Street  
Port Moody  
(604) 469-9288

44. **Riverview Park Elementary**  
700 Clearwater Way  
Coquitlam  
(604) 945-7004

45. **Roy Stibbs Elementary**  
600 Fairview Street  
Coquitlam  
(604) 939-2456

46. **Seaview Elementary**  
1215 Cecile Drive  
Port Moody  
(604) 936-9991

47. **Walton Elementary**  
2960 Walton Avenue  
Coquitlam  
(604) 941-1962

## 43 学区 继续教育课程

(604) 936-4261

48. **Terry Fox Library**  
2470 Mary Hill Road  
Port Coquitlam

49. **Coquitlam Learning Opportunity Centre (CLOC)**  
#104 – 2748 Lougheed Highway  
Port Coquitlam

50. **Montgomery Centre**  
380 Montgomery Street  
Coquitlam

51. **Mountain View Elementary**  
740 Smith Avenue  
Coquitlam

52. **Vanier Centre**  
1600 King Albert Avenue  
Coquitlam

53. **Port Moody Public Library**  
100 Newport Drive  
Port Moody

54. **Gleneagle Night School**  
1195 Lansdowne Drive  
Coquitlam

## 为新移民提供的成人英语教学服务的机构

ELSA is English Language Services for Adults, a free program that provides basic and intermediate level English training for adult newcomers to Canada.

55. **Coquitlam Continuing Education, School District #43**  
380 Montgomery Street  
Coquitlam  
(604) 936-4261

56. **Douglas College, David Lam Campus**  
1250 Pinetree Way  
Coquitlam  
(604) 588-7772

57. **Immigrant Services Society of BC Lincoln Location**  
#136 – 3030 Lincoln Avenue  
Coquitlam  
(604) 942-1777

58. **Westwood Location**  
204-3242 Westwood Street  
Port Coquitlam  
(604) 942-1777 ext. 1552

59. **S.U.C.C.E.S.S.**  
435B North Road  
Coquitlam  
(604) 936-5900

60. #2027 – 1163 Pinetree Way  
Coquitlam  
(604) 468-6000

